

NL Coaching toolkit

September 2026

(10 hours)

Session	Timing	Learning Focus
1 1 st September 2026	2 hours 10:00-12:00 CEST	Integrating Coaching models into the language learning process • GROW • WOOP • Boyatzis Model of Change
2 8 th September 2026	2 hours 10:00-12:00 CEST	Coaching around emotional triggers • FETS
3 15 th September 2026	2 hours 10:00-12:00 CEST	Coaching around Neuroprompts • NIBS
4 22 nd September 2026	2 hours 10:00-12:00 CEST	HEART Coaching – PERICARDIUM • Peripheral • Perspective Learning Cycle model - coaching to integrate new vocabulary
5 29 th September 2026	2 hours 10:00-12:00 CEST	Integrating Coaching models into the language learning process • FEW • FREE